Suitable for Primary age
Props needed: strawberry milkshake, glass, donut, knife, an even number of grapes. Food props can be substituted for whatever you like (as long as kids will like it!)

I've brought some food along with me - I always get a bit peckish at this time in the morning / afternoon
Bring out first food / drink item - strawberry milkshake

Yummy - I love strawberry milkshake. Who else likes strawberry milkshake? Who would like to come and share my strawberry milkshake with me? Choose volunteer. Pour some out into the glass - you don't mind if we share do you? I'll go first. Proceed to drink all but a tiny amount of the milkshake. What's the problem? I said I'd share you've got some and I had some? Ask everyone, is that fair?

Ok, well let's try again - l've brought a donut. Who likes donuts? Either stick with same volunteer or get another one up. Cut the donut with the knife so that you get most of it and volunteer gets a slither. Yummy, this is nice isn't it? Gosh you ate your portion quickly / I'm really enjoying mine / so glad we could share this etc etc.

Wait for reactions from children.

Let's have one last go, I've brought some grapes. I like grapes, who likes grapes? (Again - same or different volunteer). Share them out - l'll have this bunch - you can have those 2 ok? What's the problem (hopefully the kids are protesting by this time!) Get the children to explain to you how to share them out - you could include some division here - how many each if I have 10 etc. Share them out equally, thank volunteer and let them keep their grapes for helping you.

You are obviously really good at knowing how to share your food. Did you know that in the world there is enough food for everyone? (Include some up-to-date statistics about how many people don't have enough food). It's not fair! We throw food away! Harvest is a time when we can think about making it a bit more fair. We can't take our left-overs to Africa every night, but there are ways that we can help and harvest is an opportunity to thank God for what he's given us and to remember that we are very blessed that we have enough food to eat. We can also make a difference by:

- Giving food to a local food bank
- Giving money to help charities that work to feed people
- (or mention something the school are doing to help - food collection etc)

There's enough food IF .... www.enoughfoodif.org for more info

